

5<sup>th</sup>  
MSKUSPM



Hong Kong Sanatorium & Hospital  
MSKUSPM  
2014



Combined Scientific Meeting of Hong Kong Pain Society and  
5<sup>th</sup> Multidisciplinary Ultrasound Symposium Symposium in Pain Management  
(MSK US PM) 2014

**5-7 December 2014**

InterContinental Grand Stanford Hong Kong  
70 Mody Road, Tsim Sha Tsui East, Kowloon

[www.hksh.com/mskuspmp](http://www.hksh.com/mskuspmp)

Day One Symposium - MSK US PM Ultrasound Master Class				
Day 1 <b>5</b> 5 <sup>th</sup> Dec 2014 (Friday)	Time	Topics		
	08:00 - 08:30	Registration		
	08:30 - 10:30	Plenary Lecture (US MSK PM Routine / Clinical applications)		
	10:30 - 10:45	Morning Coffee Tea Break		
	10:45 - 12:00	Concurrent Session I	Concurrent Session II	Concurrent Session III
	12:00 - 13:30	Lunch		
	13:30 - 14:30	Master Class Expert Live Scanning Demonstration Head to Toe Scan		
	14:30 - 15:30			
	15:30 - 15:45	Afternoon Coffee Tea Break		
	15:45 - 17:00	Ultrasound Workshop Upper Limb PBLD & Exam (WS UL)	Ultrasound Workshop Lower Limb PBLD & Exam (WS LL)	Ultrasound Workshop Low Back Pain & CORES muscles (WS LBP)
19:00	Faculty Speaker Dinner			

Day Two Symposium - HKPS ASM				
Day 2 <b>6</b> 6 <sup>th</sup> Dec 2014 (Saturday)	07:20 - 08:00	Tai Chi Practice Session by Dr. Philip Peng (Victoria Harbour side)		
	09:00 - 09:30	Registration		
	09:00 - 10:30	Plenary Lecture 1. Professor Julie Hydes (Australia) - Back Conditioning 2. Overseas Speaker		
	10:30 - 10:45	Morning Coffee Tea Break		
	10:45 - 12:00	Concurrent Session I Cancer Pain - 1. Opioids 2. Interventional / Radiology	Concurrent Session II Sports Medicine / Rehabilitation	Concurrent Session III Radiological Diagnosis- in MSK Pain Arthritis / FMS/ Gout / OA
	11:45 - 12:15	HKPS AGM (1/F Academy Room)		
	12:00 - 13:00	Lunch (1/F Academy Room)		
	13:00 - 13:40	Plenary Lecture - Low Back Pain (Ortho)		
	13:40 - 15:00	Concurrent Session IV Electrophysiological Study NCT / EMG / Motor Point	Concurrent Session V Pain Control in Patient with Spasticity	Concurrent Session VI MDPM PBLD -3 cases
	15:00 - 15:15	Afternoon Coffee Tea Break		
		Pain Interventions		
	15:15 - 17:00	Concurrent Session VII CBT - Multidisciplinary	Concurrent Session VIII H&N region / Cervicogenic Headache	Concurrent Session IX Lumbopelvic Pain
	19:00 - 22:00	Gala Dinner		

Day Three Symposium - Hands On Musculoskeletal Ultrasound on Pain Management MSK US PM Workshop Venue : Hong Kong Sanatorium and Hospital (HKSH) - coach arranged from hotel				
Day 3 <b>7</b> 7 <sup>th</sup> Dec 2014 (Sunday)	08:00 - 08:30	Coach Transfer from Hotel		
	08:30 - 09:00	Registration at Hong Kong Sanatorium & Hospital		
	09:00 - 11:00	Hands On Ultrasound Workshop MSK US PM (WS B) (choose 3 stations)	Ultrasound Workshop MSK US PM Low Back CORES Muscles / Rehabilitation (LBP CORES) (Prof Julie Hydes)	
	11:00 - 11:20	Morning Coffee Tea Break		
	11:20 - 13:20	Hands on Ultrasound Workshop MSK PM (WSC) (choose 3 stations)		